

SOBRIETY VARIETY PAGES

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Step Four

Made a searching and fearless moral inventory of ourselves.

“Today I will be grateful for where I am now.”

My life might not be perfect, and I might not have achieved the goals I thought I would have by now -- I might not be living the kind of life I thought I would be or want to be, but I'm grateful for this day, right now, and the fact that I've made a commitment to myself to live a life in which I'm treated with respect and dignity.

I enjoyed reading this from one of my daily devotions. Sometimes this alcoholic needs to be reminded how far she's come, instead of where she might not be.

When you're living life on life's terms, sometimes it's easy to get a little down. Especially with everything going on in today's world. Recently, a Sponsee was being down on herself and not seeing the goodness of sobriety. We've all been there! That is when it's time to work on a Gratitude List.

Every night before she goes to bed, she e-mails me at least three things she is grateful for. In return I send her mine. The difficult part is doing this while you are in a state of hopelessness. Once you start focusing on what is good, even if it seems small, you begin the climb out of the hole you're in.



I heard a story once of a donkey that was in a deep hole. He had fallen into a dry well and the farmer was quite perplexed on how to get him out. The farmer came to the conclusion that the donkey was old and not worth a lot of effort. He grabbed a shovel and started filling in the hole with dirt.

The donkey yelled at every shovel of dirt that hit his back. He couldn't believe what the farmer was doing! He calmed himself and tried to figure his way out.

With each shovel full of dirt that landed on his back, the donkey shook it off and stepped on it. He continued to shake it off

and step.... shake it off and step up!

By doing this he was able to reach the top of the hole and trotted off away from the farmer.

Sometimes living life on life's terms can hit us pretty hard, and we used to choose to drink it away. Today, instead of feeling sorry for ourselves we can shake it off and step on it! The rooms of AA have given me a sober life I am extremely grateful for, and it just takes a quiet moment to begin your list. It may start small, but stick with it everyday and give it time. It will grow beyond measure!

Submitted by Barb H.

It's that time again.....

7th Annual **Old Timer's Banquet**



Honoring All AA Old Timers (25 years or more)
In the Greater Austin Area

Saturday May 2, 2009

6:30 - 10pm (Doors Open at 5:30)

Speaker: Joanie M. – Houston, TX

**Buffet Dinner, Sobriety Countdown,
Open Mike, Raffle & Door Prizes**

<p>Admission \$20 per person Old Timers (25 yrs or more) FREE! <small>(Sign in at the door)</small></p>	<p>American Legion Knebel Post 83 4401 E. St. Elmo Road Austin, TX 78744</p>
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Tickets available March 1
(only 250 available)



Hill Country Intergroup
Serving Austin and the Texas Hill Country
1825 Fortview Road
Suite #104
Austin, TX 78704
512-444-0071
www.austinaa.org



Tradition Four

With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect A.A. as a whole without conferring with the trustees of the General Service Board. On such issues our common welfare is paramount.

March Volunteers

Office:

Allison, Robert C., Marty C., Will, Roland P., Billy C., Teffany, Cullen L., Jim M., David K., Dennis "Pete" P., Desiree, Eileen B., Gothic Nancy, Kevin B., Jeff K., Stephanie, Rachel Z., Kathleen G., Mike/Tommy, Brendan, Buster S., Shabd K., John B., Nancy K., James B., Mike

Hotline:

Karin S., Jennifer M., Jennifer E., Nick van B., Trina F., Jerry T., Sharon T., Dennis/Deanie L., Jesse J., Cliff G., Tommy V., Patty T., Rhea R., Marty C., Pam R., Rachel Z., Keith F., Glenn S., Rob C., Paul B., Chris F., Nancy K., Dave E., Erick A., Pam B., Mary T., John B., Karen M., Kim K., Meredith H., Katherine H., Patrick C., Connie/Mike, Dennis "Pete" P., Erick H., Tom K.

Thank You!

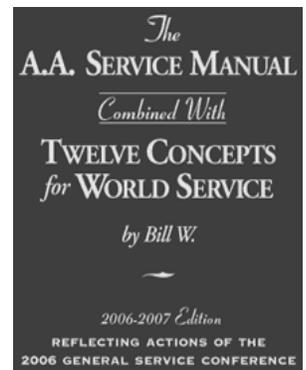


Concept Four

At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

March Donations from Groups *Thank You!*

Allandale - \$61	Keep 1 st Thing 1 st - \$467
Hope (Cedar Park) - \$253	Dry Creek - \$47
New Beginnings - \$142	Lambda/Live and Let Live - \$326
Desire to Stop - \$128	Turnaround Taylor - \$20
Bridge to Shore - \$437	Austin City-Wide Group - \$150
Bouldin - \$50	Sunshine Group - \$189
North Austin 24 - 50	Northland - \$330
7 th St. Sisters - \$40	Central - \$60
Being Convinced - \$92	Fresh Start - \$10
NADA Glum Lot - \$93	Second Chance (Buda) - \$120
East Austin - \$210	Lake Travis Serenity - \$250
Elgin - \$10	Hope (Cedar Park) - \$200
Friday Nite Alive - \$40	Kingsland - \$325
Buchanan Brown Bag - \$25	Friday Nite (Austin) - \$36
SIS (Marble Falls) - \$20	
Four Points - \$50	
	Total \$ 4231



HILL COUNTRY
INTERGROUP

*If you want to drink,
that's your business.
If you want to stop
And can't
that's our business.*



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WWW.AUSTINAA.ORG

Attention AA Members !

Join the Hill Country Intergroup's BIRTHDAY CLUB !

Bring in a suggested donation of
\$1 *or more* per year of sobriety to:

HCI, 1825 Fortview Rd. #104, Austin, TX 78704

HCI will acknowledge you as a member of our **BIRTHDAY CLUB** by sending you an **ID Card** and by listing your name (1st name, last initial)

In this publication.

HCIA Birthday Club – New Members March 2009

David M. – Simply AA

7 years (S.D. 01/07/02)

