

Western Trails Group Online/Call-in Meetings

Instructions

- **Online:** Install the Zoom app on your cellphone, laptop, home computer, or tablet. Register your account with your email address. Login and "Join" a meeting by entering a Meeting ID Number. You can adjust the microphone and camera according to your preference.
- **Call-In:** Dial 1-253-215-8782 or 1-301-715-8592 and enter a Meeting ID Number. To **bypass** the request to enter your Participant ID Number, press #. You can mute and unmute yourself by pressing *6 **OR** pressing the mute/unmute button (if you have one).

Meetings

Bg=Beginners BB=Big Book CD=Closed Discussion J&C=Joe & Charlie Tapes
M=Men's OD=Open Discussion Sp=Speaker Trad=Traditions W=Women's

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 AM	OD	OD	OD	OD	OD	OD	OD
10:30 AM	OD	OD	OD	OD	OD	OD	OD
12:00 PM	OD	CD BB	CD 12&12	CD	CD	CD	OD
1:30 PM	OD - W	OD	OD	OD	OD	OD	OD - M
3:30 PM	OD	CD	CD	CD BB	CD	CD	OD
5:45 PM	CD Trad	CD Step	CD	CD	CD	CD	OD Bg
7:00 PM	OD Bg	OD Bg	OD Bg	OD Bg	OD Bg	OD Bg	Sp
8:30 PM	-	-	-	CD – J&C	-	-	-

BirthDay Night is an Open Meeting at 7:00 p.m. on the last Saturday every month

Meeting IDs and Password

8:30 AM Meeting

Meeting ID 754-414-056 or Join URL: <https://zoom.us/j/754414056>

Password: 044085

10:30 AM Meeting

Meeting ID 878-385-532 or Join URL: <https://zoom.us/j/878385532>

Password: 044085

12:00 PM Meeting

Meeting ID 884-693-704 or Join URL: <https://zoom.us/j/884693704>

Password: 044085

1:30 PM Men's Meeting – Saturdays Only

Meeting ID 863-0930-4555 or Join URL: <https://zoom.us/j/86309304555>

Password: 044085

1:30 PM Women's Meeting – *Sundays Only*

Meeting ID 844-0595-9698 or Join URL: <https://zoom.us/j/84405959698>

Password: 044085

1:30 PM Meeting – *Monday thru Friday*

Meeting ID 153-865-670 or Join URL: <https://zoom.us/j/153865670>

Password: 044085

3:30 PM Meeting

Meeting ID 219-680-005 or Join URL: <https://zoom.us/j/219680005>

Password: 044085

5:45 PM Meeting

Meeting ID 423-576-444 or Join URL: <https://zoom.us/j/423576444>

Password: 044085

7:00 PM Meeting

Meeting ID 922-843-550 or Join URL: <https://zoom.us/j/922843550>

Password: 044085

8:30 PM Meeting – *Wednesdays Only*

Meeting ID 349-045-992 or Join URL: <https://zoom.us/j/349045992>

Password: 044085